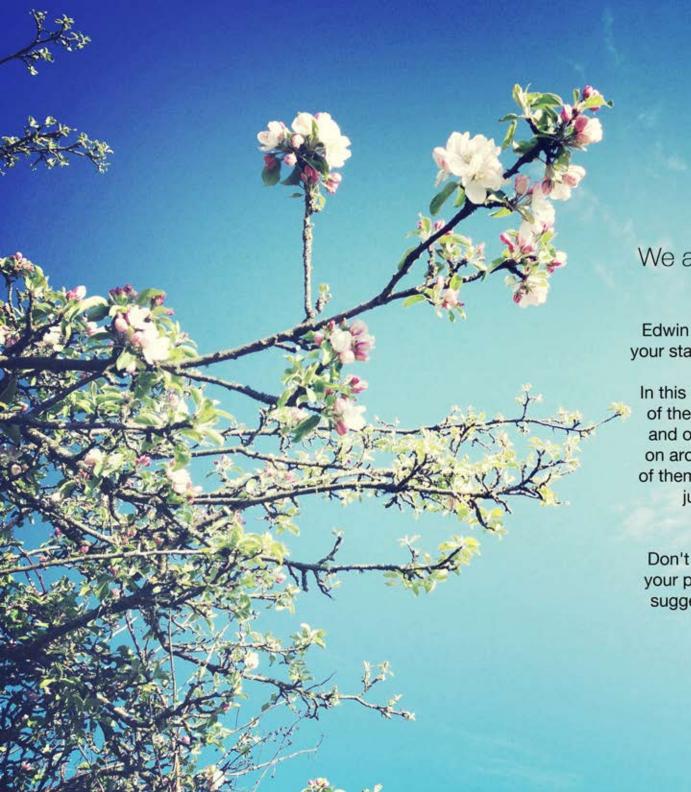
# ANRÁN







# We are delighted that you have selected our Bed & Breakfast for your stay

Edwin and I extend you a very warm welcome and trust your stay with us will be both enjoyable and comfortable.

In this booklet we hope to give you an insight into some of the interesting things (that we like to do!!) in the area and offer some detailed information as to what's going on around us...maybe you might consider paying some of them a visit. or have some suggestions of your own... just remember we are only 3 miles from Dartmoor and only 8 miles from the coast.

Don't hesitate to give us a shout if you want to discuss your proposed itinerary or need us to make any further suggestions...personally we just love to lounge around here and watch the wildlife!!

Cheers Mike & Edwin







You can easily spend the whole day on the South Devon Railway because we're far more than a train ride!

The line, which is operated mainly by dedicated volunteers, runs for seven miles from Buckfastleigh to Totnes in South Devon along the stunning valley of the river Dart. The journey takes you through beautiful, unspoilt countryside rich in wildlife and well away from roads.

With a backdrop of Dartmoor and beautiful Devon hills, at Buckfastleigh they have a museum, historic steam and diesel locomotives and rolling stock, a play area, gardens, riverside walks, a picnic area and lots to see as well as Refreshment Rooms and Expressway model and gift shop with its new model railway.

next to it is Dartmoor Otters & Buckfast Butterflies exhibition. The train pauses at Staverton, a wayside country station that takes you back to the days when life was slower and quieter. The station at Totnes has been built entirely from buildings and artifacts rescued from GWR stations all around the west. The award-winning Totnes Rare Breeds Farm is right next to our station.

Trains can be joined at Buckfastleigh, where there is ample free car parking, or at Totnes, which has a main line railway station and car parking in the town. Trains also stop at Staverton from where there are riverside walks to the pretty village with its pub and 14th century church. (there are great walks along the river Dart from here ..also the sea trout inn is a pretty good pub).











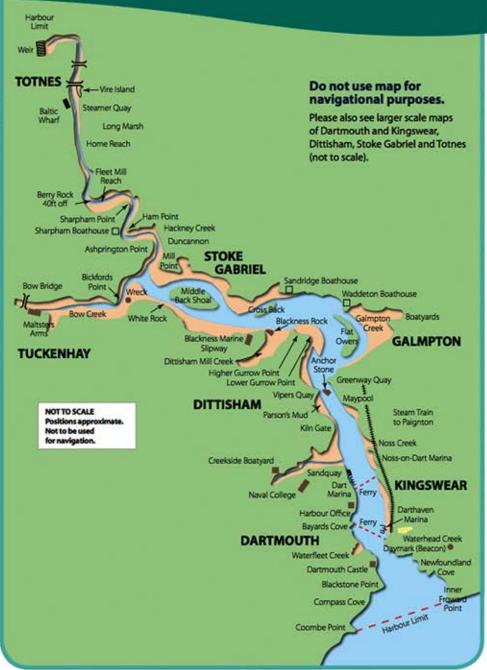


### FULL RIVER DART CRUISE FROM TOTNES & DARTMOUTH (3 HOURS)

This full River Dart Cruise covers the navigational length from Dartmouth to Totnes or vice versa and operates two times most days.

Dartmouth to Totnes Ferry also allows you to cruise up and down the beautiful River Dart. You can now join direct connection at Greenway and Dittisham (via connecting ferry) to board the boat for Totnes or Dartmouth or just stay on the boat and enjoy the astounding beauty of some of South Devons most spectacular countryside, including quaint little villages of Dittisham, Galmpton, Stoke Gabriel and the Sharpham Estate whilst receiving a jolly and interesting but non intrusive commentary from the skipper.

### the river dart to totnes







### LUSTLEIGH

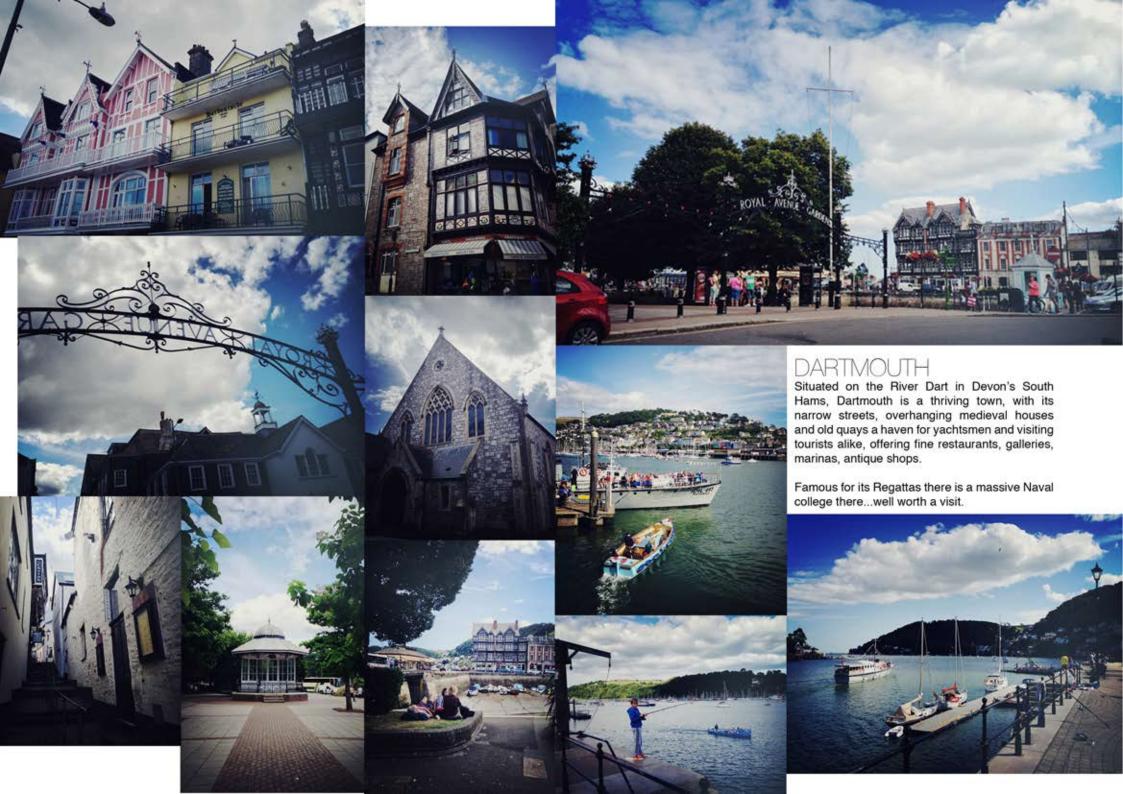
LUSTLEIGH is a picturesque village with a good deal of excellent domestic buildings in granite of 16th to 18th century, with some "olde worlde" fabrications that followed the "discovery" of the village. The moorland scenery of the village is famous, especially at Lustleigh Cleave overhanging the beautiful little river Bovey.

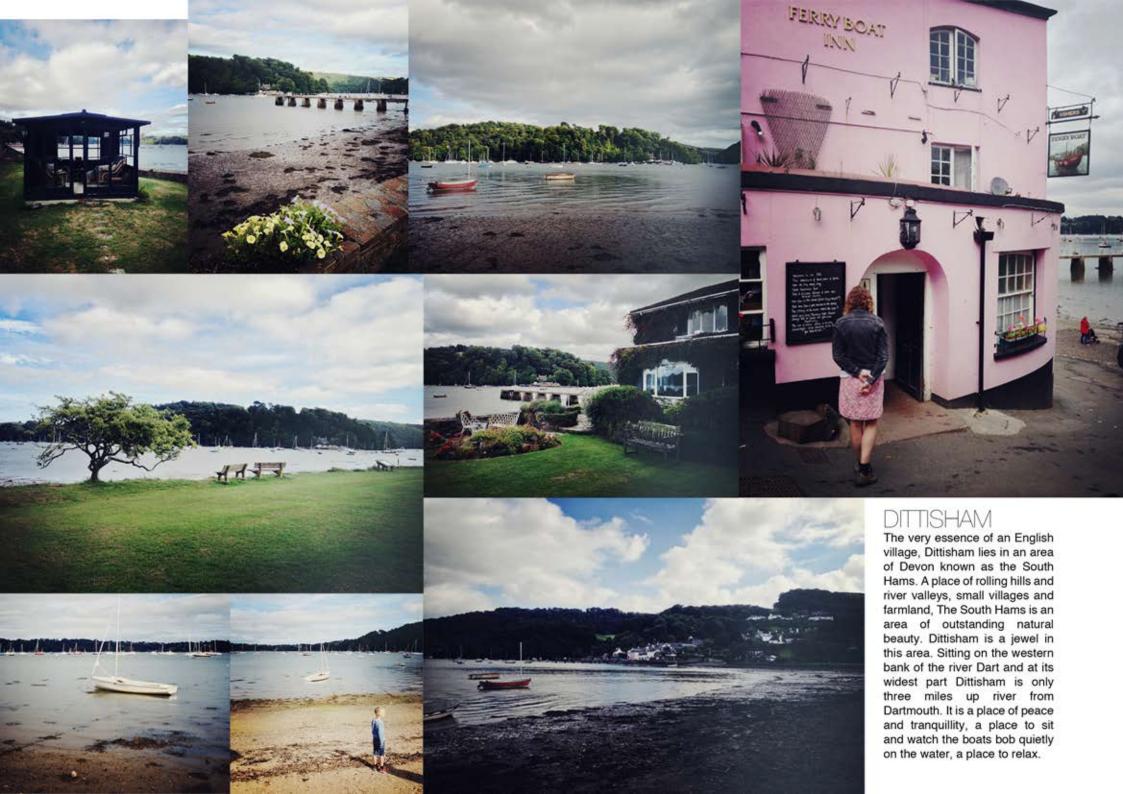
Just across the stream from Lustleigh village is Wreyland, where Cecil Torr wrote his delightful three volumes of Small Talk at Wreyland, stories of gossip and talk about this part of Devonshire countryside during the space of a hundred years or so.

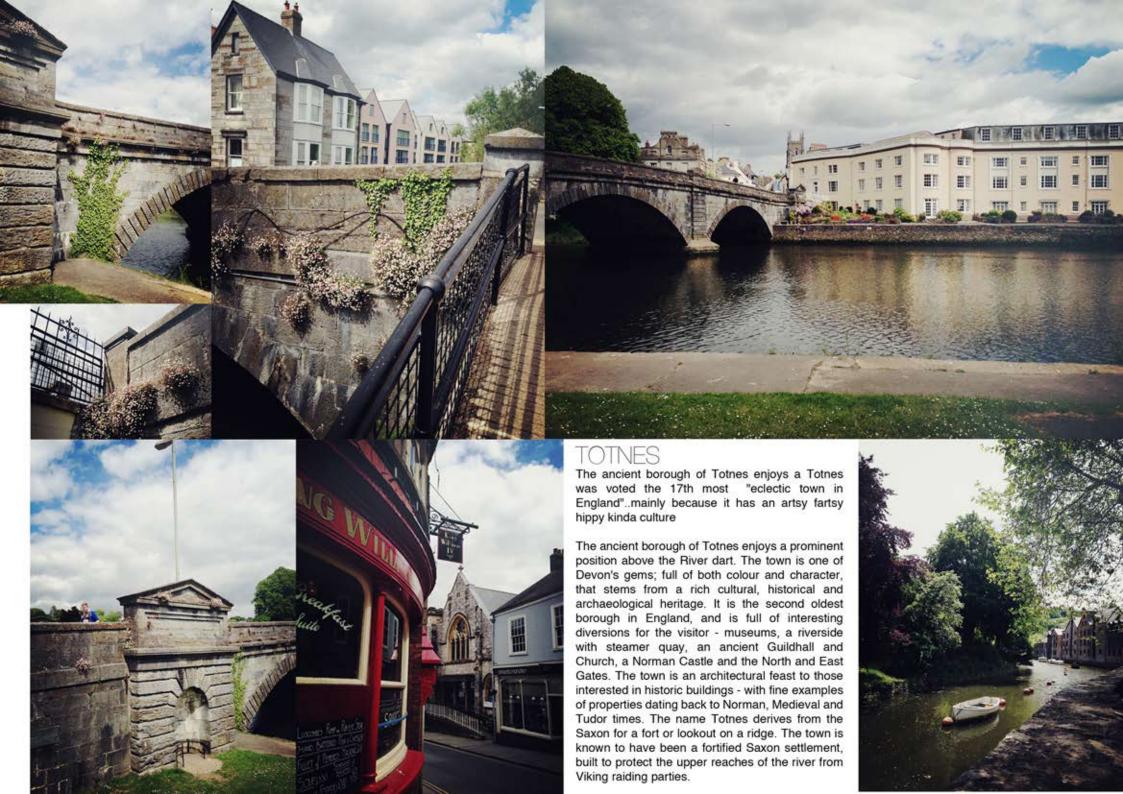
Becka Falls, is also a very popular beauty spot, near by on the Becka Brook, although this is actually in Manaton parish.

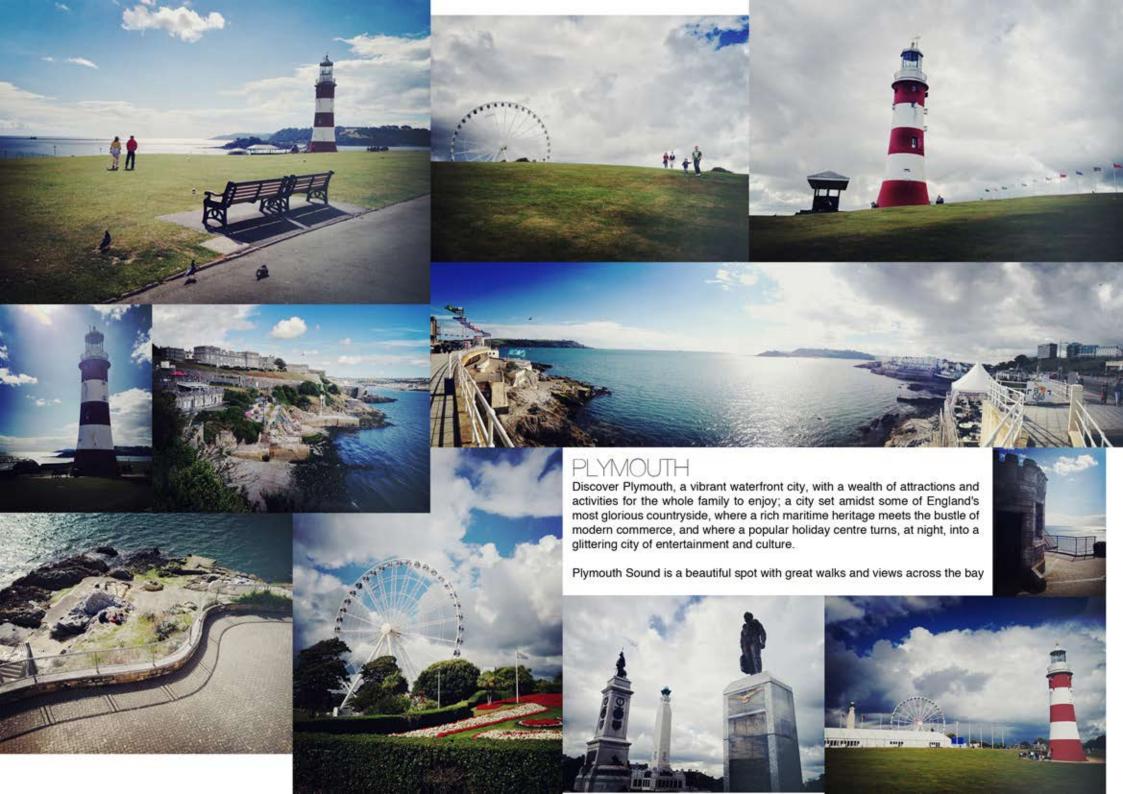
See more at: http://www.devon.gov.uk/historiclustleigh (A nicer route is to set Satnav to Haytor then Haytor to Lustleigh)





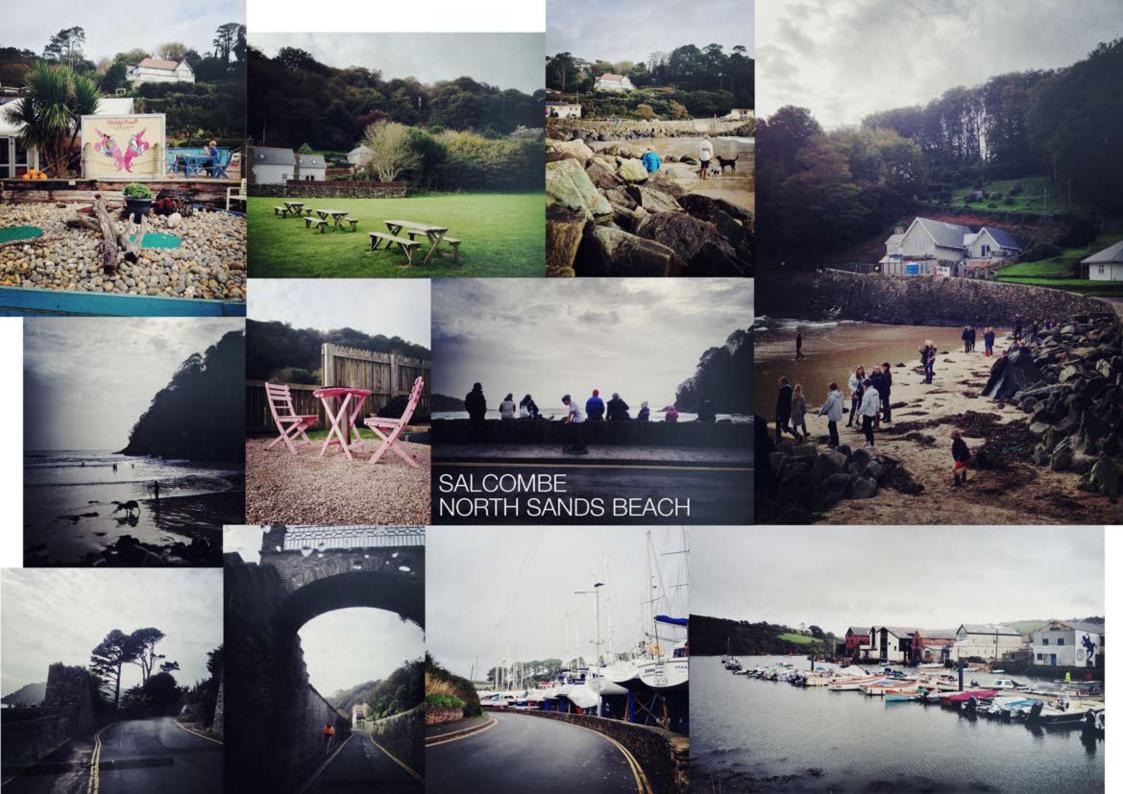


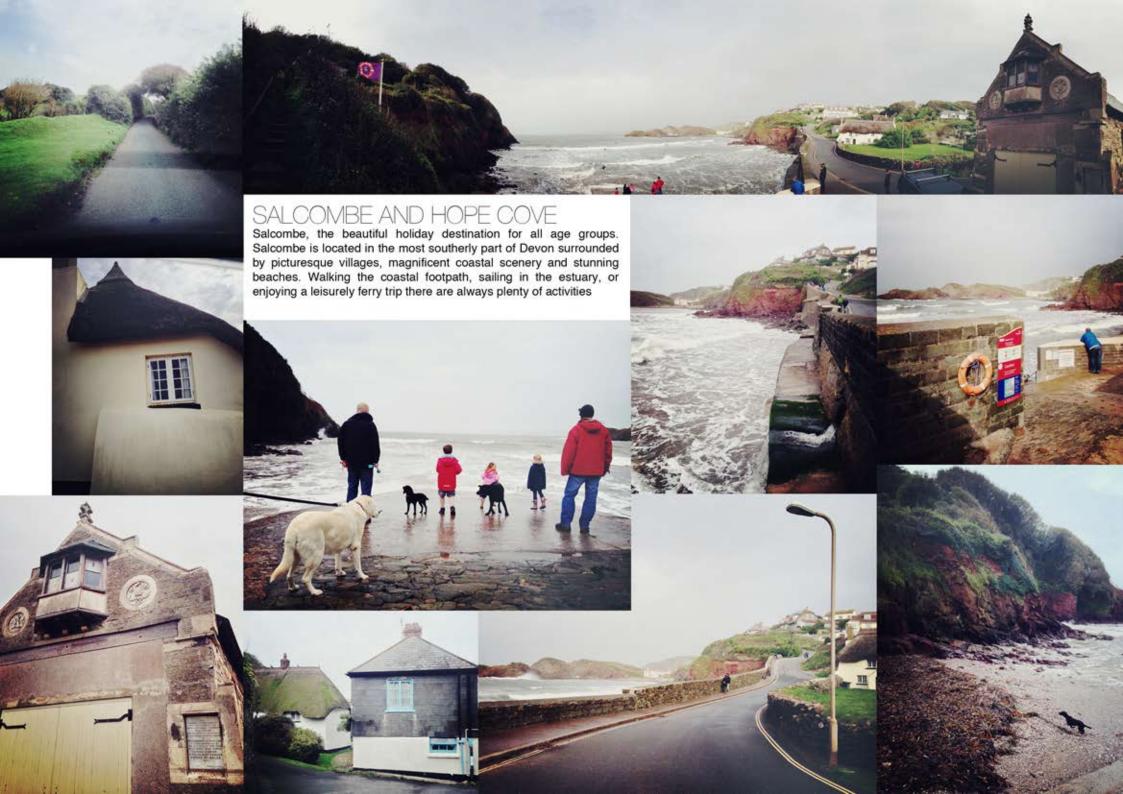
















### ADVENTURE CLYDESDALE

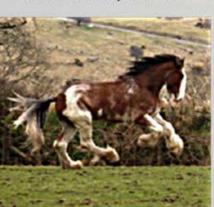
#### **DAILY RIDES**

We are surrounded on Dartmoor by magnificent scenery full of the wonderful heritage of the South West of England, going back at least 4½ thousand years. Coupled with this we have fascinating natural history and landscape which cries out for interpretation. Not only will you ride out on a very special horse but you will have your own unique guided tour of the surroundings.

As we are a small business, with relatively small ride groups we can afford to be quite flexible with what we can offer. Rides are from novice to experienced riders and having spoken with you we will only book you on the type of ride which is within your capabilities and fulfils your expectations.

Please note that we have a weight limit of 16 stone for the shorter rides and 14.5 stone for the long rides, for the welfare of our horses.

www.adventureclydesdale.com





#### BENCH TOR

Leaving the car park to the South of Venford Reservoir. follow the higher track that leads along the length of Bench Tor. As you rise upwards, Dartmoor opens up before you with the appropriately named Sharp Tor directly in front and numerous other peaks appearing in all directions. The gorse flowers are now bright yellow and the bracken and trees are just beginning to turn. From the Northern end of Bench Tor follow a steep path down to the River Dart, which flows in a deep wooded valley and cascades over large rocks, with long, slower flowing stretches in between. Even at this time of vear it is still not too cold to jump in for an exhilarating dip. Then work your way up the track alongside the fast flowing Venford Brook and back to the reservoir. Finish off with a cream tea or a pint in the nearby village of Holne.



### BIGBURY ON SFA

Located in an Area of Outstanding Natural Beauty, Bigbury on Sea beach is dusted with sand and lapped by shallow waters, the beach offers safe fun for groups. In addition, Bigbury on Sea beach is dotted with rock pools, so there's plenty of creepy-crawly entertainment for budding marine biologists. While this beach is popular with families, there are a number of facilities and activities available if you're seeking a bit more excitement on your holiday.

There's a wide and varied selection of water sports available to visitors who prefer their holidays to feature a little adrenaline rush. If you want to try something different from the usual bodyboarding or surfing then windsurfing and kite-surfing are gaining popularity here, with hire facilities located right on the beach. To give you some peace of mind, there are lifequards present at Bigbury on Sea beach during May to September and the beach also has a

first-aid room.

## BURGH

Bigbury's most famous landmark is Burgh Island, which overlooks the beach itself. The island is accessible at low tide, when the waters reveal a causeway that links it to the beach. However, when the tide is in you can still reach the island by hitching a ride on the popular and unique 'sea tractor'.

Bigbury on Sea beach has good facilities including a café that specialises in selling organic and local food. Its 'surf 'n' turf is one of the best in the area and makes good use of locally sourced ingredients to create a delicious platter that everyone will enjoy, or close by is the OYSTER SHACK specializing in tantalizing fresh seafood. Booking is a must to avoid disappointment: 01548 810876 www.oystershack.co.uk



## CANOEING ON SOUTH DEVON'S BEAUTIFUL RIVERS

Winding River Canoe specialises in guided canoe trips in beautiful locations. The aim of these trips is to give you an adventure in nature; a break from your busy life, to relax and go slow, and time to experience the magic of the river world and the natural beauty it has to offer.

The trips are suited for all ages and abilities and most people who come are novices. Your guide will teach you the basics so that you will soon be paddling in a straight-ish line.

We use Canadian canoes which can each take 2-4 people depending on the size of the person. Small children always paddle with an adult. You will need to be able to swim 25metres. All equipment including life-jacket is provided.

www.windingrivercanoe.co.uk

### ANCHORSTONE PICNIC BOAT

'Elberry' named after the beautiful cove on the South Devon coast is fully insured and licensed by the MCA and Local Authority to carry up to 12 passengers. A 1960's Berry Brothers 30ft launch built from oak and iroko and fitted with a fully weather proof cover is the perfect mixture of comfort both old and new. With a fully heated dining area, toilet and alcohol license we can offer you the perfect cruising environment.

#### **PICK-UP LOCATIONS**

Pick-Up Locations are available in Dittisham, Dartmouth, Kingswear and Blackness Marine. We can also offer collections from Totnes, Tuckenhay and Stoke Gabriel depending on tidal restrictions.





## SOME RESTAURANT RECOMMENDATIONS THESE ARE A FEW PLACES

ANCHOR STONE CAFE

Telephone: 01803 722365 Address: Manor Street, Dittisham, Dartmouth TQ6 0EX

The Anchorstone Café offers a fantastic local menu including seafood and great wines. Boasting one of the Uks most amazing panoramic views across the River Dart from our outside terrace or inside restaurant. We are open throughout the summer season and specialise in great seafood lunches including crab, lobster, mussels, and oysters

### THE CLEAVE

Telephone: 01647 277223 Address: Lustleigh, Devon TQ13 9TJ

Thatched and dating back to the 15th century, The Cleave sits at the heart of the idyllic village of Lustleigh, in the hills of the Dartmoor National Park. We're easy to find – just one mile off the A382, the main Bovey Tracey to Moretonhampstead road.

### THE COTT INN

Telephone: 01803 863777 Address: Dartington, Totnes, Devon, TQ9 6HE

General Enquires: mark@cottinn.co.uk

Set in the charming village of Dartington, this historic, thatched-roof inn dates from 1320.

It has an atmospheric upscale restaurant with a seasonal menu that features wood-beamed ceilings and stone walls, and has proved very popular with our guests. It also has live music every Sunday if you fancy a night out.

### THE COPPA DOLLA INN

THAT WE HAVE VISITED

ARE RECOMMENDED TO

Telephone: 01803 812455 Address: Broadhempston, Totnes TQ9 6BD

The CoppaDolla is at the centre of the tranquil village of Broadhempston, nestled in the valley of the River Hem.

Home of the "2 in 1" Pie, our lovely old Inn provides a warm welcome and good honest home cooked English food. ( no chips /fries sold here)

Traditional country pub atmosphere, open log fires, rustic furnishing and a large beer garden located in stunning surroundings.

### THE STEAM PACKET INN

Telephone: 01803 863880

Address: St Peters Quay, Totnes, Devon, TQ9 5EW Situated right on the banks of the river Dart & just five minutes walk from the centre of the historic town of Totnes, where you will find a warm and friendly welcome, a great selection of wines, beers and spirits and mouth watering and tempting menus.

### LIVE & LET LIVE

Telephone: 08714 329005 Address: Landscove, Newton Abbot, Devon TQ13 7LZ

An intimate (basic) country pub with good home cooked food. Always a warm welcome. (mention to Bob you are from Tidwell and he will take care of you) There is a decked area for those balmy summer evenings and warm summers day lunches (if we ever get them). Sunday lunches from 12 - 2.30pm.

### THE ORANGE

Telephone: 01803 213936 Address: 14-16 Parkhill Road, Torquay, Devon TQ1 2AL

Tucked away just a few steps from Torquay harbour, The Orange Tree is regarded as one of Torbay's finest restaurants, offering relaxed dining within a welcoming and friendly atmosphere.

Open Tuesday - Saturday from 7pm. Closed Sundays and Mondays

#### THE ELEPHANT

Telephone: 01803 213936

Address: 3 & 4 Beacon Terrace, Torquay, Devon TQ1 2BH The Elephant is a two storey restaurant with the more informal brasserie on the ground floor and the Michelin starred, The Room on the first. (Please note that The Room is only open during the Summer season). The Elephant was the first restaurant in Torquay to be awarded a Michelin star which it maintains today. We aim to source all our ingredients locally, many from our dedicated farm in Brixham.

### MALTSTERS ARMS

Telephone : 01803 732350 Address: Tuckenhay Totnes, Devon TQ9 7EQ

You'll find The Maltsters
Arms hidden away on the
banks of Bow Creek, in the
picturesque hamlet of
Tuckenhay, beautiful South
Devon. The views from our
wide quay are incredible
whatever the time of day, or
season. Across the water
the steep wooded banks are
rich with flora and fauna, a
nature lover's paradise.

### RIVERFORD

Telephone: 01803 762074
Address: Buckfastleigh,
Devon, TQ11 0JU
(Booking is required,
Open every day for lunch and
most evenings for supper.)

RIVER FORD (travel time 10mins)
...this is the famous organic
producer who supplies all
those little expensive veggie
boxes to" londonites"..not
gourmet food but great
place to walk around the
farm ...probably a good
lunch option in the winter

### THE SEA HORSE

Telephone: 01803 835147 Address: 5 South Embankment, Dartmouth TQ6 9BH

The Sea Horse specializes in seafood and is situated on the banks of the River Dart in Dartmouth. Fish and shellfish in the world landed here much of which is cooked over an open charcoal fire. In addition to full menu we offer a 2 course menu for £20 which is served at lunchtimes Wednesday - Sunday lunch and until 7.00 in the evening excluding Saturday night.

### WATERSIDE BISTRO

Telephone: 01364 654011 Address: The Plains, Totnes TQ9 5YS

The Waterside Bistro provides Totnes with a continental style cafe bar right in the heart of town with views across the river Dart from the outdoor patio area.

The perfect retreat for coffee lunch or dinner and brought to you by the French English partnership of Matt and DelphineBuzzo.

Passionate about fresh local ingredients, the menu reflects the abundant seasonal produce and a specials board with a great choice of fresh fish.

ROSCOFF 105m POST GAVERNE 50m HOAN COVE SEN SEN 2110m CAPE TOWN 5980m NEW YORK 3340m ACMAN DEN OF INIQUITY 0.1 A 0597